

OPTION SUBJECTS

TRANSITION YEAR

PPD - - PERSONAL PROFESSIONAL DEVELOPMENT

ITS AN OPPORTUNITY TO DEVELOP ON THREE
LEVELS -

SPIRITUALLY - AWARENESS

PHYSICALLY - CIRCUIT TRAINING

PROFESSIONALLY AND SOCIALLY THROUGH THE
OTHER SUBJECTS

BUILD A BAND

YOU LEARN A DIFFERENT INSTRUMENT
AND AS A GROUP PRACTICE DIFFERENT
SONGS AND STYLES

SCHOOLS PROGRAMMES - AND ENABLE IRELAND
PROGRAMME

YOU GET TO BE A CARER OR ASSISTANT IN
TEACHING SETTING.
IT'S A HUGELY RESPONSIBLE POSITION
ENABLE IRELAND ALLOWS YOU TO WORK
WITH THE DIFFERENTLY ABLED.

NUTRITION

SKIN CARE - DIET - BENEFITS OF
CERTAIN FOOD TYPES AND
REGIMES.

FIRST AID

A CERTIFIED COURSE THAT
ACCREDITS YOU AS A FIRST AIDER.
CHALLENGING - BUT WORTH IT

AWARENESS

DEALING WITH THE BIGGER PICTURE-
THEMES THAT WORRY ADOLESCENTS AND
ADULTS ALIKE. A CHANCE TO TALK.

CIRCUIT TRAINING

A SECOND PE OPTION IN THE
WEEK- COUPLED WITH TEAM
BUILDING GAMES

COACHING

THE THEORY OF COACHING AS A TAUGHT
MODULE - AND PRACTICAL COACHING WITH
THE GAA IN CARRIGALINE

WELLBEING

MINDFULNESS AND SPIRITUALITY-
PLUS SOME EXCURSIONS RELATED
TO THE COURSE

MENTORING PROGRAMME -

A CHANCE TO BE A LEADER TO
YOUNGER STUDENTS - AND A CHANCE
TO USE SKILLS FROM OTHER COURSES

RADIO CCS

AN OPPORTUNITY TO GET INVOLVED WITH A
RADIO STATION - MAYBE A NEWS SECTION AND
CULTURAL SECTION - LINKING TO THE SKETCH
MAGAZINE

OPTIONS - THREE BANDS THAT RUN IN THE WEEK OVER 8/9
PERIODS - STUDENT MUST DO A SUBJECT FROM EACH BAND
EACH SUBJECT IS CHOSEN TO EITHER GIVE A
TASTER INTO LEAVING CERTIFICATE - OR TO
GIVE A SPACE FOR FURTHER PERSONAL
DEVELOPMENT

BUSINESS -

DIFFERENT BUSINESS SUBJECTS FOR LC -
EXCURSIONS TO ENTERPRISES AROUND
THE COUNTRY - COMPANY MAKE UP.

APPLIED MATHS

VERY MUCH A PLATFORM INTO LEAVING CERT -
ALLOWS STUDENTS TO EXPERIENCE
MATHEMATICAL REASONING - MIGHT SUIT
HONOURS MATHS CANDIDATES

ARTIST IN RESIDENCE PROGRAMME

WORKING WITH A PROFESSIONAL TOWARDS A
TARGETED PIECE OF ART - SEE EXAMPLES AROUND
THE SCHOOL

A CHANCE TO LEAVE YOUR ARTISTIC MARK ON THE
BUILDING

HOME ECONOMICS

VERY HANDS ON - YOU CREATE A
PIECE OF FOOD EVERY WEEK -
IDEAL FOR THE BUDDING CHEF

LEADERSHIP

AN OPPORTUNITY TO DEVELOP LEADERSHIP
SKILLS - GUEST SPEAKERS - PROJECT WORK -
EXCURSIONS AND WORKSHOPS- INVOLVED
WITH ALL ASPECTS OF SCHOOL LIFE

CLASSICAL ARCHITECTURE

EXPLORE ANCIENT CIVILISATION - ASK
THE BIG QUESTIONS - LEARN THE
STRANGEST FACTS - SEE IT ALL

GENERAL TECH

USING SOLID WORKS - DESIGN AND MAKE
PRODUCTS IN METAL AND PLASTIC -
IDEAL FOR THE CREATIVE YET
STRUCTURED MIND

GEOGRAPHY

A STEPPING STONE IN LEAVING
CERTIFICATE - DIFFERENT
DEMOGRAPHICAL PROBLEMS - DEBATES -
PRESENTATION WORK

CHINESE

A CULTURAL INTRODUCTION TO THE
CHINESE WAY OF LIFE, ECONOMY AND
HISTORY - WITH SOME LINGUISTIC
ELEMENTS

APPLIED ART

SIMILAR TO ARTIST IN RESIDENCE - CREATED
PIECES OF ART FOR THE BUILDING -
RESPONDING TO SCHOOL AND TEACHER ART
NEEDS

YOUNG SOCIAL INNOVATOR - YSI

DEALING WITH PERTINENT ISSUES OF THE DAY -

CLIMATE CHANGE - DIFFERENT PROBLEMS

AFFECTING THE AREA AND THE PEOPLE LOCALLY

AND NATIONALLY - TRIPS OUT - PERFORMANCES -

GUEST SPEAKERS

INTRODUCTION TO ICT

A GOOD INTRO TO COMPUTER SKILLS FOR
STUDENTS WHO WOULD LIKE TO REVIEW
AND RELEARN BASIC TO INTERMEDIATE
SKILLS

TECHNICAL METAL

BUILDING FROM METALWORK WITH AN
INTRO TO PROPER ENGINEERING -
SUITABLE FOR CREATIVE AND
MATHEMATICAL MINDS

FOOD BUSINESS

CREATING AND MARKETING FOOD PRODUCTS - FROM
START TO FINISH — INCLUDING MARKETING AND
LABELLING - WILL SUIT THE ENTREPRENEURIAL MIND
- AND THE CREATIVE COOK

SKETCH MAGAZINE

BECOME THE GUARDIAN OF ALL JOURNALISM IN THE
SCHOOL - RUN THE MAGAZINE - TAKE IT IN A NEW
DIRECTION - PUT YOUR STAMP ON IT - WILL SUIT
ANYONE WITH A FLAIR FOR COLOUR AND WORDS

FILM STUDIES

A CHANCE TO EXPLORE THE MAJOR THEMES IN
MOVIES OVER THE YEARS - CRITICALLY
EVALUATE AND LEARN SKILLS APPROPRIATE
TO HIGHER LEVEL ENGLISH

YOGA

A SPACE IN THE WEEK TO PAUSE -
REFLECT - LEARN A NEW SKILL - AND
IMPORTANTLY - FOCUS ON YOURSELF

SAGE ACCOUNTS

LEARN AN ACCOUNTANCY PACKAGE USED AS
INDUSTRY STANDARD AROUND IRELAND AND
ENGLAND. THIS IS A CHALLENGING COURSE AND
WILL SUIT THE BUSINESS ORIENTATED MIND

HISTORY

A STEPPING STONE INTO LEAVING CERT - A
BREAK FROM TRADITIONAL HISTORY INTO
OTHER AREAS - SPORT - MUSIC - SOCIETY -
THE OLYMPICS

SPANISH

A CULTURAL EXPLORATION OF SPAIN AND THE AMERICAS - A PATIENT APPROACH TO A NEW LANGUAGE - FULL OF OPPORTUNITY TO GAIN A NEW SKILL - WOULD SUIT PEOPLE PASSIONATE ABOUT CULTURE AND INTERESTED IN A TARGETED LANGUAGE EXPERIENCE

ART IN HOUSE

STILL LIFE - MURAL WORK -

CONTEMPORARY ART- A GOOD STEPPING
STONE IN LEAVING CERTIFICATE ART

CONSTRUCTION

A STEPPING IN LEAVING CERTIFICATE
CONSTRUCTION - BIG EMPHASIS ON
THE PRACTICAL - WITH SOME THEORY

CODING

PROGRAMMING IN SCRATCH AND PYTHON -
IDEAL FOR A MATHEMATICAL MIND - OR
SOMEONE INTERESTED IN THE LEAVING CERT
PROGRAMMING COURSE

ENTERPRISE

MINI-COMPANY- BRINGING A PRODUCT TO MARKET -
THEORY - AND THE ENTERPRISING WORLD - A GOOD
SUBJECT FOR PEOPLE KEEPING ON EITHER
BUSINESS OR HOME EC INTO LEAVING CERT

VEX ROBOTICS

A CHANCE TO BUILD A ROBOT FROM SCRATCH - AND PROGRAMME THE ROBOT TO MOVE AND TO CARRY OUT TASKS - A GOOD STEPPING STONE INTO COMPUTER SCIENCE AT LEAVING CERT OR UNIVERSITY - HUGELY POPULAR

POLITICS

A GOOD STEPPING STONE INTO THE NEW LEAVING
CERTIFICATE COURSE - A LOOK AT THE WORLD
CURRENTLY AS IT OPERATES - AND A LOOK AT
DIFFERENT POLITICAL SYSTEMS - IT PROMISES TO BE
VERY INTERESTING